

# LIFETIME PLAY N LEARN PROGRAMS



## 2025

ACHIEVE YOUR TENNIS DREAM



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## LIFETIME TENNIS PLAY N LEARN PROGRAMS

Get your kids started in tennis with one of our exciting Play-n-Learn programs. These programs are designed for kids as young as 5 years old and make tennis fun and easy to learn until they progress into more advanced coaching and competitions using a full sized tennis court.

Our Red and Orange ball classes are the first steps to becoming an Academy player. We have a track record of developing players to state, national and international standards. We have experienced coaches who have been trained and directed by industry leaders. Our learn to play lessons are conducted with an intention to improve players as quickly as possible and we treat them with the same level of professionalism as our Pro Tennis Academy.

In our Play-n-Learn programs, we use specially designed equipment and balls to ensure your child is able to learn the game with ease. The Red and Orange ball classes we offer are specifically designed for kids aged between five and ten years old. These classes focus on developing hand-eye coordination, balance, speed, and agility, all of which are crucial skills for tennis players.

We extend our gratitude to those returning from 2024 and warmly welcome newcomers to explore our Academy. We sincerely hope to have the opportunity to assist you in reaching your tennis goals in 2025 and beyond.

To showcase what sets us apart and help you make the best program choice, we offer a complimentary trial lesson in all our squad programs. Upon completion of the trial, our coaching team will provide a personalized recommendation on the most suitable sessions and program for you.

While we strive to be flexible, it is important to note that our programs are tailored to playing level rather than age. Based on the player's current level, we will make our recommendation accordingly.

Sign up for one of our Play-n-Learn programs today and give your child the gift of tennis!

**Please read carefully for your training day and time have changed in 2025 with limited availability**

### Directors

**Marc Svenson & Graeme Brimblecombe**

*M. Svenson* *G. Brimblecombe*



## RED BALL PROGRAM

### STAGE 1

Stage 1 is aimed at new players who are picking up a tennis racquet for the first time. Players can start from 5 years of age. Lessons will be fun and game based with the goal of introducing to make sure that you enjoy playing with friends.

Available Training RED BALL STAGE 1	
Monday - Friday	3:30 - 4:15 pm

45 Minute Lesson - RED BALL STAGE 1	
Non - Member	Premium Member
<b>1 Lesson Wk</b> - \$29.95   \$59.90 Fortnight	<b>1 Lesson Wk</b> - \$26.95   \$53.90 Fortnight
<b>2 Lessons Wk</b> - \$59.90   \$119.80 Fortnight	<b>2 Lessons Wk</b> - \$50.90   \$101.80 Fortnight
<b>3 Lessons Wk</b> - \$89.85   \$179.70 Fortnight	<b>3 Lessons Wk</b> - \$71.85   \$143.70 Fortnight
<b>4 Lessons Wk</b> - \$119.80   \$239.60 Fortnight	<b>4 Lessons Wk</b> - \$89.80   \$179.60 Fortnight

### STAGE 2

Progression from stage 1. For players who are familiar with the basic tennis fundamentals and can rally. Lessons will be fun and game based with the goal of introducing and developing tennis specific skills, basic strategies and rally.

### STAGE 3

Advanced Red Ball class, will require assessment to join Stage 3, players are able to hold a rally and understand movement.

Available Training RED BALL STAGE 2 & 3	
Monday - Friday	4:15 - 5:15 pm

60 Minute Lesson - RED BALL STAGE 2 & 3	
Non - Member	Premium Member
<b>1 Lesson Wk</b> - \$39.90   \$79.80 Fortnight	<b>1 Lesson Wk</b> - \$35.90   \$71.80 Fortnight
<b>2 Lessons Wk</b> - \$79.80   \$159.60 Fortnight	<b>2 Lessons Wk</b> - \$67.80   \$135.60 Fortnight
<b>3 Lessons Wk</b> - \$119.70   \$239.40 Fortnight	<b>3 Lessons Wk</b> - \$95.70   \$191.40 Fortnight
<b>4 Lessons Wk</b> - \$159.60   \$319.20 Fortnight	<b>4 Lessons Wk</b> - \$119.80   \$239.60 Fortnight

\*Memberships = please refer to page 5

**Red Ball Coach / Player ratio: No more than 6 players to 1 coach**

**Not sure if you child / children would be in our Red Ball Stage 1, 2 or 3?**

**Please contact us to book for a free trial.**

## ORANGE BALL PROGRAM

LifeTime Tennis has developed a proven pathway for players who are serious about their tennis and wish to take their game to the higher level. Once players have completed the Red Stage of our pathway they move to the Orange Stage.

Progressing and extending tennis specific skills, strategies and matchplay players are still encouraged by a fun and friendly environment.

Orange Ball Lessons Squad is for younger players who are starting to get serious about tennis and is our entry point to Pro Tennis Academy programs.

**Players MUST attend a minimum of 2 weekly squad sessions.**

- 1.25 hour sessions + 15 minutes of game / skill work mixed in
- No more than 5 players to 1 coach

### WHO IS IT FOR?

The Orange Ball program is designed for younger players who have started competing in some fixtures or tournaments. Players are generally aged 8 - 11 years of age. This does vary slightly for very advanced players who may be ready for Pro Tennis at an earlier age.

### WHAT IS THE PRICE?

Our pricing is based on a minimum of 2 weekly sessions and will be debited fortnightly.

Available Training ORANGE BALL PROGRAM	
Monday - Friday	5:15 - 6:45 pm

90 Minute Lesson - ORANGE BALL PROGRAM	
Non - Member	Premium Member
<b>2 Lesson Wk</b> - \$119.10   \$238.20 Fortnight	<b>2 Lesson Wk</b> - \$107.15   \$214.30 Fortnight
<b>3 Lessons Wk</b> - \$178.65   \$357.30 Fortnight	<b>3 Lessons Wk</b> - \$151.80   \$303.60 Fortnight
<b>4 Lessons Wk</b> - \$238.20   \$476.40 Fortnight	<b>4 Lessons Wk</b> - \$190.60   \$381.20 Fortnight
<b>5 Lessons Wk</b> - \$297.75   \$595.50 Fortnight	<b>5 Lessons Wk</b> - \$223.25   \$446.50 Fortnight

\*Memberships = please refer to page 5

## Green / Yellow Teen Program

Keep your tennis improving all year round with our Total Tennis Program. Aimed at players who are playing in or wanting to play in school tennis competitions or just looking to learn the basics and have fun.

A fun learning experience that integrates the technical, tactical, and psychological components of tennis to help develop your technique in response to tactics and psychology.

Suitable for beginner to intermediate players in years 7 - 12 at school.

Available Training Green / Yellow Teen	
Wednesday	5:15 - 6:15pm

60 Minute Lesson - Green / Yellow Teen	
Non - Member	Premium Member
1 Lesson Wk - \$39.90   \$79.80 Fortnight	1 Lesson Wk - \$35.90   \$71.80 Fortnight

\*Memberships = please refer to page 5

**Coach / Player ratio: No more than 6 players to 1 coach**

## Adult Ladies Tennis

Join us at Ambiwerra Tennis Centre every Tuesday and Thursday morning from 9 am to 11 am for this incredible opportunity. For just \$35, you will not only enjoy a morning filled with tennis and camaraderie but also receive a complimentary coffee to kickstart your day.

Adult Ladies Tennis	
Tuesday & Thursday	9:00 - 10:30am
Non - Member	Premium Member
\$35 per lesson	\$20 per lesson



## PROGRAMS EXPLAINED | MEMBERSHIP BENEFITS

To be awarded the full discount we recommend all players sign up for Premium Memberships.

***As a Premium Member, you unlock a range of exclusive benefits and privileges:***

- Tennis QLD Insurance and Membership, ensuring you are covered and eligible for tournament entry with your My Tennis ID renewal.
- Discounted rates on Holiday Clinic, Private Lessons
- Take advantage of squad pricing at a reduced rate
- **FREE Daytime Court Hire for up to 90 minutes** per day / 25% OFF Night Court Hire.
- Receive 15% OFF Pro Shop Equipment and member rate restringing services.
- Family Membership is available for up to 4 immediate family members

Premium Memberships	
Single Member	\$30 / Month
Family Membership 2+ immediate family	\$60 / Month

### **Please note:**

- Our membership is similar to gym memberships, and therefore cannot be shared between multiple players or family members. Each individual must have their own membership to enjoy the exclusive discounts.
- To book your Free Day Time court, simply log in as a player.
- Parents, please remember that players are the members, and any inquiries or issues should be directed towards them.

## HOLIDAY CLINIC

Make the most of your school holiday breaks with LifeTime Tennis's Tennis Clinics, offering half day training options. We understand the importance of additional court time during school holidays, as it often leads to significant improvements in players' games. Our Tennis Clinics are available throughout all school holidays, excluding public holidays.



## FEES AND DIRECT DEBIT

**Direct Debit Only** - No AmEx (Master card, Visa, Cheque or Savings available)

Our office does not issue invoices for squad lessons rather our year runs to the public-school terms. You will be direct debited the agreed amount every 2 weeks during school term only. This will remain unchanged until the end of Term 4 2025 unless you wish to make changes. You will not be billed over the holiday periods. When you first sign up our admin team will send you an email with Term 1 ~ Term 4 break down of charge dates. Please read carefully and understand the term dates, charge dates and book your make up before the end of each term.

If you attend additional sessions above the paid and agreed amount, our team will reconcile at the end of each term and send an email detailing additional sessions and charges.

**Important:** You can find all account and billing information online under your account. As such LifeTime does not issue statements and you will be able to view all the needed information online. Please contact the office if you are unsure or require technical support.

## MAKE UP LESSONS

Players must complete registered sessions by the end of each term.

No credit applies for any missed sessions which include rain, absence or competing in tournaments during the school term.

We ask you to contact the office to book your missed sessions including rain days, it is up to you to complete all registered sessions by the end of each term.

It is important that players attend lessons to improve, we want to make a difference with players and expect a level of commitment from them.

If you feel that you would not be able to prioritize your tennis training at LifeTime Tennis first, please reconsider signing up to LifeTime Academy Squads as they are programs which require a high level of commitment.

While we do our best to be fair. Make ups should not be seen as a given. Please check your calendar and work out what days you will be absent, and we can help you book for early make ups if the spots are free in the right session. Please help us by letting our team know as early as you can and put your tennis first where possible.

1. Make-up lessons cannot be rolled over from term to term.
2. Make up squads cannot be used for Holiday Tennis Clinics
3. Make ups cannot be traded for any other service (privates, Restrings etc.)
4. Term 4 make ups must be completed in term 4. Remaining will be missed.

## Sign Waiver

It is important that you sign the 2025 waiver before commencing our program. This is a way of us knowing that you have read the important information and are happy to continue with registration. We value transparency and want everyone to be on the same page.

**By signing the waiver** you have agreed to our terms and conditions, the direct debit schedule and you have nominated your payment details to our admin team. Your registration will be complete followed by a separate email to select your training shirt per calendar year.

## PRIVATE LESSON PAYMENT METHODS | POLICIES

### Maximum of 1 Private in Peak Time

In line with our philosophy of squads taking priority in the development of players over private lessons, we continue to only allow a maximum of 1 private per player in peak times.

Peak times are 3:00 - 8:00 PM Monday - Friday. Weekends, during school hours or before school time are also available. Our performance coaching team prioritizes Academy players.

### Performance Coaches Available

David Glinster

### Development Coaches Available

Callum Rees | Carrigan Hartley | Ethan Gunn

If you would like a private lesson in 2025 and were not attending private lessons in 2024 please [click here](#) to submit your request.

## Fee Charges for Private Lessons

### Direct Debit Only

Private lessons charges are separate to squad charges, private lessons are charged every night from the payment method on the player's file and email receipt will be sent. Private lessons are only charged after the completion of the lesson.

We DO NOT charge prior to the lesson.

### Late cancel

If you cancel your lesson with less than 6 hours notice, there will be a charge of 50% of the lesson value. This will help to cover the cost of the coach's time.

## 2024 Private Lesson Price (all prices include GST)

**\*effective from Tue 29th of January 2025**

Performance Coach Private Lesson		
	Non-Member	Premium Member
60 mins	\$132	\$118.80
45 mins	\$106.15	\$95.55
30 mins	\$75.90	\$68.30

Development Coach Private Lesson		
	Non-Member	Premium Member
60 mins	\$90.20	\$81.20
45 mins	\$71.50	\$64.35
30 mins	\$52.25	\$47.00



## 2025 LESSON AND DIRECT DEBIT SCHEDULE

Week 1 DD	Week 2	Week 3 DD	Week 4	Week 5 DD	Week 6	Week 7 DD	Week 8
27/01 - 02/02	03/02 - 09/02	10/02 - 16/02	17/02 - 23/02	24/02 - 02/03	03/03 - 09/03	10/03 - 16/03	17/03 - 23/03
Week 9 DD	Week 10	Holiday	Holiday	Week 1 DD	Week 2	Week 3 DD	Week 4
24/03 - 30/03	31/03 - 06/04	07/04 - 13/04	14/04 - 20/04	21/04 - 27/04	28/04 - 04/05	05/05 - 11/05	12/05 - 18/05
Week 5 DD	Week 6	Week 7 DD	Week 8	Week 9 DD	Week 10	Holiday	Holiday
19/05 - 25/05	26/05 - 01/06	02/06 - 08/06	09/06 - 15/06	16/06 - 22/06	23/06 - 29/06	30/06 - 06/07	07/07 - 13/07
Week 1 DD	Week 2	Week 3 DD	Week 4	Week 5 DD	Week 6	Week 7 DD	Week 8
14/07 - 20/07	21/07 - 27/07	28/07 - 03/08	04/08 - 10/08	11/08 - 17/08	18/08 - 24/08	25/08 - 31/08	01/09 - 07/09
Week 9 DD	Week 10	Holiday	Holiday	Week 1 DD	Week 2	Week 3 DD	Week 4
08/09 - 14/09	15/09 - 21/09	22/09 - 28/09	29/09 - 05/10	06/10 - 12/10	13/10 - 19/10	20/10 - 26/10	27/10 - 02/11
Week 5 DD	Week 6	Week 7 DD	Week 8	Week 9 DD	Week 10	Holiday	Holiday
03/11 - 09/11	10/11 - 16/11	17/11 - 23/11	24/11 - 30/11	01/12 - 07/12	08/12 - 14/12	15/12 - 21/12	22/12 - 28/12

**Direct Debit Week** = (written in Yellow “DD”) | **Holiday Week** = **No Charges**

### Term Dates 2025 and Public Holidays (No Lessons on Public Holidays)

#### Term 1 - Tuesday 28/01 ~ Friday 04/04 (10 weeks)

- Monday 27/01 – Australia Day **\*No charge / No Make up required**

#### Term 2 – Tuesday 22/04 ~ Friday 27/06 (10 weeks)

- Friday 25/04 - Anzac Day **\*No charge / No Make up required**
- Monday 05/05 - Labour Day **\*No charge / No Make up required**

#### Term 3 - Monday 14/07 ~ Friday 19/09 (10 weeks)

- Wednesday 13/08 - Ekka Day **\*No charge / No Make up required**

#### Term 4 - Tuesday 07/10 ~ Friday 12/12 (10 weeks)

- Monday 06/10 - Kings Birthday **\*No charge / No Make up required**

### WEEKEND MAKE UP LESSONS

There will be weekend make ups available if we miss multiple days during the term. Players can also attend additional / different days then their normal schedule to catch up. Additional Make Up lessons will be offered pending on weather and other events which occur throughout the year. These sessions will be released closer to the date of the make-up.

## CONCLUSION | SOCIAL MEDIA & COMMUNICATION

### **Please use our website and support desk - \*NEW Player's page coming soon**

We do our best to provide players and parents with the most up to date news, invitations to events and specials. To avoid missing out we recommend to check email / ask the admin team if you don't receive e-newsletters.

### **Email**

Please make sure you let our office know if your email address requires updating. If you do not receive our e-newsletter once a month, please check with the admin team.

### **Website**

We endeavor to update the website with all information for online bookings including holiday clinics. You can always log into your mindbody online account via the website.

### **Social media - instagram / facebook / X - don't forget to follow us!**

<https://www.facebook.com/lifetime.tennis.1>

<https://www.instagram.com/lifetimetennis/>

[https://twitter.com/LifeTime\\_Tennis](https://twitter.com/LifeTime_Tennis)

### **FAQ and support**

We have spent a lot of time creating a very useful support base online which players and parents can always access to find answers to our most common questions. On our website – [www.lifetimetennis.com.au](http://www.lifetimetennis.com.au) > [Go to Support](#).

### **Rain day communication**

In the event of rain please check X (ex Twitter). We do our best to hold sessions whenever possible. We will not make a decision more than 60 mins prior to the start time unless weather conditions are extremely obvious and set in.

### **Canceling lessons during 2025**

We require 2 weeks notice to stop lessons / membership.

Please email [admin@lifetimetennis.com.au](mailto:admin@lifetimetennis.com.au) when you wish to stop the lesson and membership.

### **Not returning 2025?**

[Please use this form](#) to let us know that you wish not to return in 2025 so that the admin team can cancel your membership and other required details. We hope you enjoyed the squads in 2024 and wish you all the best in future.

Thank you for taking the time to read through our 2025 Documentation.

Please sign the 2025 waiver to complete the registration process. If you have any questions, please do not hesitate to ask our friendly team.

Thank you for reading and bring on 2025!

**LifeTime Tennis Brisbane West Pty Ltd**